

## MEASURING

**Chest** - Measure around the fullest part of the chest or bust, keeping the tape level and held gently.

**Waist** - Measure around the body level with the top of your waistband.

**Trouser Inside Leg** - Place tape at fork position and continue down leg to the seam line of your shoe heel. Alternatively measure a pair of your favourite trousers.



### Jackets and tunics

Measures to fit chest

Unisex	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Inch	28-30	32-34	36-38	40-42	44-46	48-50	52-54	56-58	60-62	64-66
cm	71-76	81-86	91-96	101-106	111-116	121-126	131-136	141-146	151-156	161-166

Women	XS	S	M	L	XL
inch	30-32	34-36	38-40	42-44	46-48
cm	71-76	81-86	91-101	106-111	116-121

### Trousers

Measures to fit waist

Unisex	XXS	XS	S	M	L	XL	2XL	3XL	4XL
Inch	20-22	24-26	28-30	32-34	36-38	40-42	44-46	48-50	52-54
cm	51-56	61-66	71-76	81-86	91-96	101-106	111-116	121-126	131-136

inside leg (cm)	76	76	76	76	76	76	76	76	76
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Women	8	10	12	14	16	18	20	22	24	26
inch	23	25	27	29	31	33	35	37	39	41
cm	59	63	69	73	79	84	89	94	99	104

inside leg (cm)	76	76	81	81	81	81	81	81	81	81
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### Headwear (skull caps)

Unisex	S	M	L	XL
Circumference (inch)	22	23	24	25
Circumference (cm)	56	58	61.5	63.5
Depth	8	8	8	8



## Jackets and tunics

Measures to fit chest

Unisex	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Inch	28-30	32-34	36-38	40-42	44-46	48-50	52-54	56-58	60-62	64-66
cm	71-79	81-86	91-96	101-106	111-116	121-126	131-136	141-146	151-156	161-166
Women	6	8	10	12	14	16	18	20	22	24
inch	30	32	34	36	38	40	42	44	46	48
cm	76	81	86	91	96	101	106	111	116	121

## Trousers

Measures to fit waist

Unisex	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Inch	20-22	24-26	28-30	32-34	36-38	40-42	44-46	48-50	52-54	56-58
cm	51-56	61-66	71-76	81-86	91-96	101-106	111-116	121-126	131-136	141-146

Inside leg

hemmed (cm)	69	73	79	81	81	81	81	81	81	81
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Inside leg

unhemmed (cm)	77	81	87	89	89	89	89	89	89	89
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Women	8	10	12	14	16	18	20
inch	23	25	27	29	31	33	35
cm	59	63	69	73	79	84	89
Inside leg hemmed (cm)	79	79	79	79	79	79	79
Inside leg unhemmed (cm)	89	89	89	89	89	89	89

Men	XS	S	M	L	XL	2XL
inch	24-26	28-30	32-34	36-38	40-42	44-46
cm	61-66	71-76	81-86	91-96	101-106	111-116
Inside leg hemmed (cm)	90	93	93	93	93	93